

Surgical Weight Loss

Support Group Meetings ~ 2010

Presented by: The Surgical Weight Loss Center

Join the Surgical Weight Loss Team for an evening of discussion, support, and education.

No registration required.

**Held Monthly on
Tuesdays
6:00 – 8:00 PM
Hartford Hospital
Campus**

Facilitators: Nina Arnold & Sally Strange

Meeting Location: Heublein Hall – Education & Resource Center (ERC)

June 15	Novice Group Biking in CT-Health Gears, Glenn Kohrs
July 13	Managing Sugars After Surgery-Diabetes Life Care Center
August 10 New Location	Styles for the New You – Nordstrom Personal Stylist <i>GILMAN AUDITORIUM- CONKLIN BUILDING this date only</i>
September 21	Mentally Keeping on Target– Joanna Fogg-Waberski, IOL Psychiatrist ** Fall clothing swap**
October 12	Optimal Breathing After Surgery – Jeffery Nascimento, Pulmonologist
November 9	Vitamins After Surgery – Jacqueline Jacques, ND ** Food Drive for Homeless Shelters**
December 14	Holiday Gathering- Celebrating Victories & Challenges Over the Year

Save the Date: 2010 Greater CT Walk from Obesity- September 25th.

NOTE: Attendance at a minimum of 2 support meetings is required before surgery. After surgery, lifetime attendance is recommended.

For more information:

Go to www.ctsurgical.com_swlp.php; www.harthosp.org/obesitysurgery

OR call 860-246-2071

**For snow cancellations

call Hartford Hospital: 860-545-5000

>>>See parking information>>>

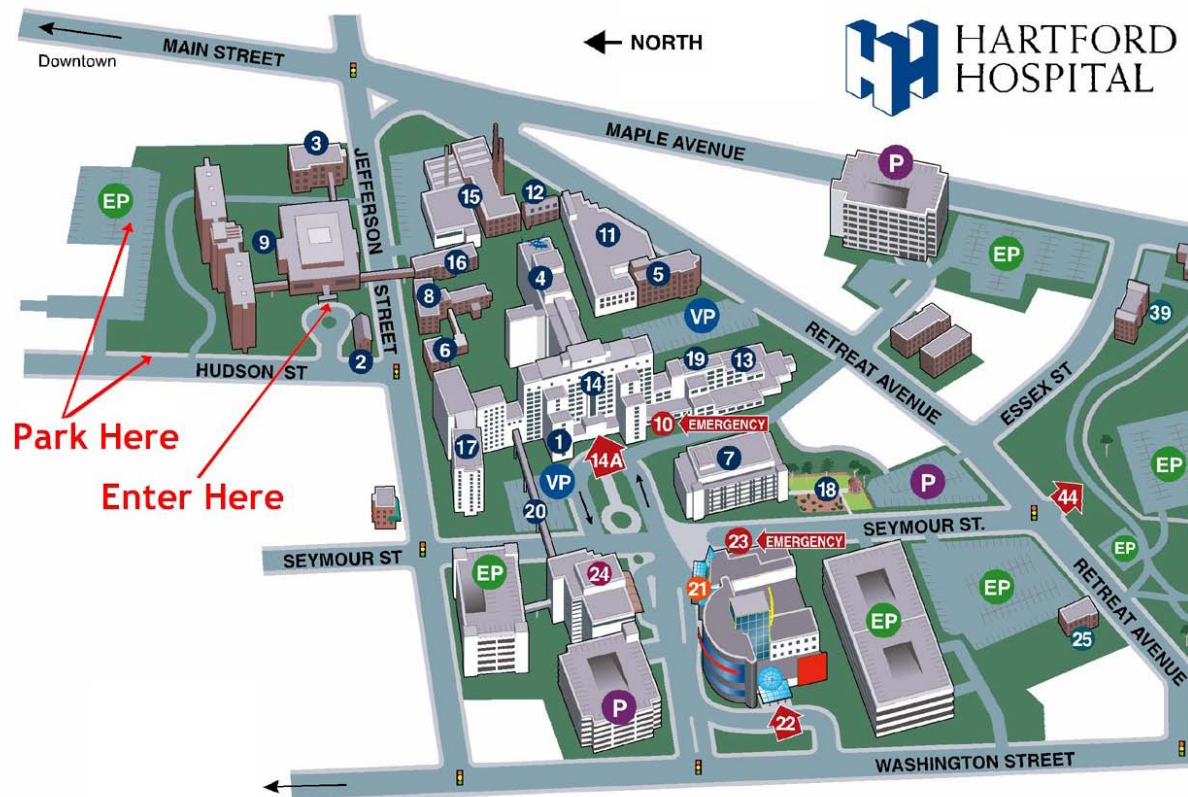


Directions/Parking Information - Hartford Hospital Campus

Education & Resource Center (ERC) – Hublein Hall

- 560 Hudson Street, Hartford (corner of Hudson and Jefferson Streets)
 - Building #9 on map
- Hublein Hall – enter main doors of ERC building; the hall is directly ahead
- Free parking at two locations:
 - a. On Hudson Street (after 5:00 PM)
 - b. In the lot next to the ERC building (by building with a green awning)
- Pay parking at Hartford Hospital patient parking garage
 - Attached to 85 Seymour Street Medical Building

NOTE: Parking is not validated.



Park Here
Enter Here

To: **84 91**
 • Capitol Ave.
 • State Capitol
 • Bushnell Park
 • Downtown

HARTFORD HOSPITAL

80 Seymour Street • 85 Jefferson Street

- | | |
|--|---|
| 1 Admitting | 11 Engineering and Laundry Building |
| 2 Allen House (Thrift Store) | 12 Hall Wilson Building |
| 3 Barney Building | 13 Helen and Harry Gray Cancer Center |
| 4 Bliss Building
• Cafeteria | 14 Hartford Hospital (High Building)
14A • Main Entrance
• Patient Information |
| 5 Brownstone Building | 15 Information Services Building |
| 6 Cheney Building | 16 Ingalls Building |
| 7 Conklin Building | 17 85 Jefferson Street Entrance |
| 8 Crane Building | 18 Meditation Garden |
| 9 Education and Resource Center
• Hudson Suites | 19 South Building |
| 10 Emergency Entrance | 20 Skywalk (Long Bridge) |